



# Coláiste Aindriú

**Transition Year**  
**2025-2026**

S. Kennedy- Principal  
N. Hickey- Deputy Principal  
B. Cantwell -TY Coordinator

April 9<sup>th</sup> 2025

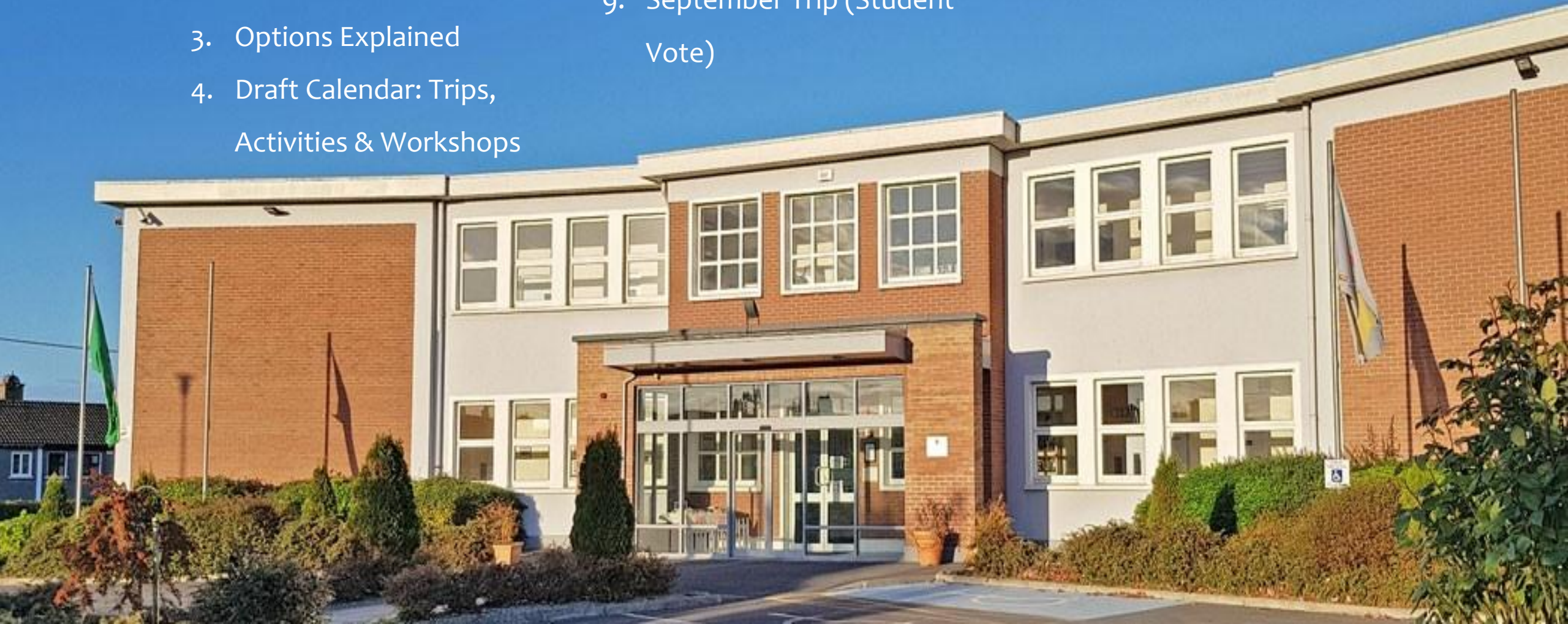


# Coláiste Aindriú

## Transition Year Information

### Contents:

1. TY Overview
2. TY Curriculum
3. Options Explained
4. Draft Calendar: Trips, Activities & Workshops
5. TY Portfolio
6. Work Experience
7. Community Involvement
8. Assessment
9. September Trip (Student Vote)
10. What's on Offer
11. Important Information
12. End of Year Trip
13. Conclusion





## Transition Year Information

### 1. TY Overview:

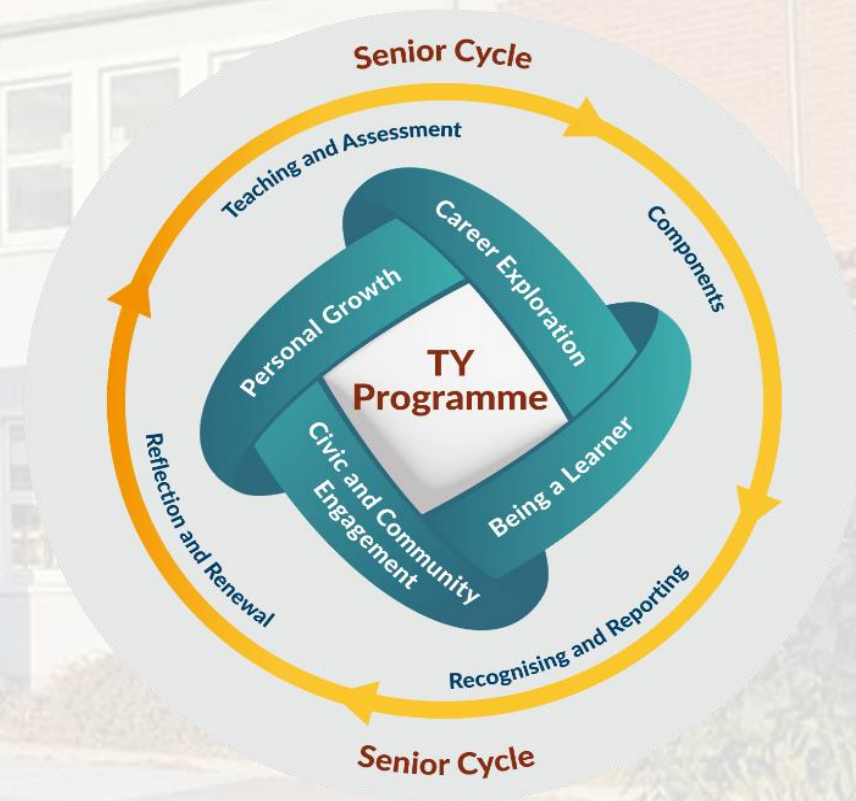
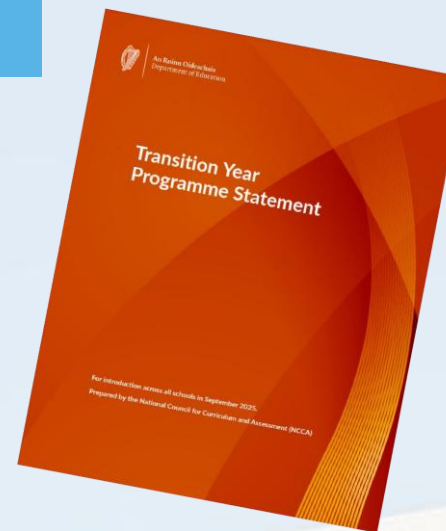
#### What is Transition Year (TY)?

TY is a **one-year programme** offered to post-primary school students. It provides a unique opportunity for **schools** and **communities** to work together, helping students thrive both now and in the **future**.

#### Aims of the Programme:

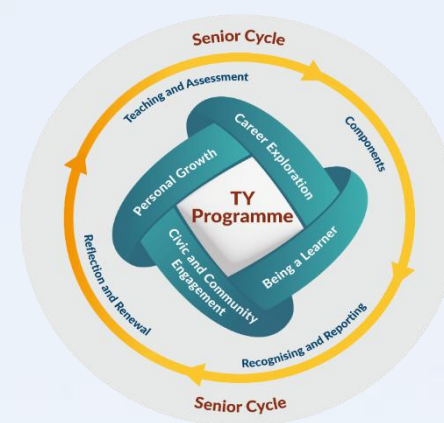
The TY programme aims to:

1. Support students' **overall development** by building on **prior experiences** with a **tailored curriculum**.
2. Provide **meaningful** and **enjoyable learning experiences** to develop **key competencies** in **school**, at **home**, and as **global citizens**.
3. **Broaden** students' awareness of **future career paths** and encourage **lifelong learning**.
4. **Evolve continuously** through reflection and collaboration with **students, teachers, parents, and community partners**.



## Transition Year Information

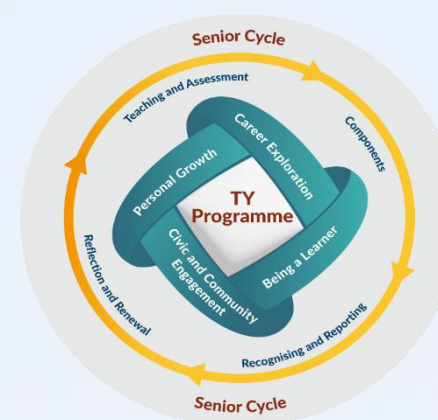
### 2. TY Curriculum:



Core Subjects	# Classes/week
English	3
Irish	3
Maths	3
PE	2
SPHE	1
Work Experience (Each Wednesday)	9
Career Guidance	1
E Portfolio Development	1
Community Engagement: <ul style="list-style-type: none"> <li>Bagenalstown Improvement Group, Tidy towns , St Lazerians House, Carlow County Council, Primary school reading initiative</li> </ul>	2
<b>Total</b>	<b>25</b>

## Transition Year Information

### 2. TY Curriculum:



Subjects/Modules/Tasters	# Classes/week
<b>Student Options for the Full Year (Pick and Stick)</b>	
<b>Option 1: Mini Company (SEP) or Horticulture (Gardening for Biodiversity)</b>	2
<b>Option 2: GAA Future Leaders or Gaisce (1 class) &amp; Dulann (1 class)</b>	2
<b>Option 3: Junk Kouture or Welding/Project</b>	2
<b>Additional Modules/Activities</b>	
<b>Sept – Dec: TY Performance/Drama/Musical &amp; Jan – May: Road Safety Matters &amp; Taking Actions for Sustainable Living</b>	2
<b>Sept – Dec: Music Generation &amp; Jan – May : Digital Literacy &amp; Restorative Practice</b>	2
<b>Taster LC Subjects (16-week swap)</b>	
Construction Studies/Biology	2
DCG/Home Economics	2
French/Geography	2
<b>Total</b>	<b>16</b>



## Transition Year Information

### 3. Option 1: Mini Company or Horticulture



### What Is The Student Enterprise Programme?

- **Enterprise education programme** run by the Network of Local Enterprise Office of Ireland (LEOs)
- **LARGEST & MOST SUCCESSFUL** student enterprise programme with over **28,000 STUDENTS** taking part **each year**
- Runs from **September** to **May** each year
- Students get to **set up** their **own business** and do everything a **real-life entrepreneur** would do from coming up with the **business idea** to **marketing** & writing a **business plan**
- **County Finals** take place in **February/March** each year in each county
- **One student team** goes forward to take part in the National Final in **May** to be named **Student Enterprise of the Year**

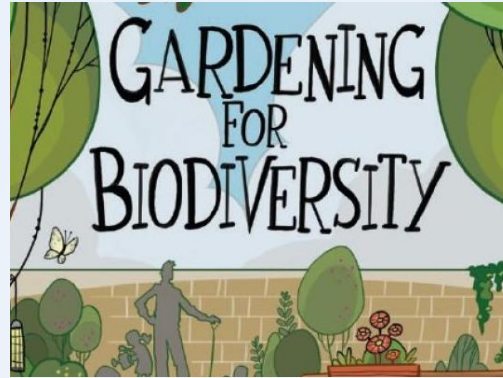




## Transition Year Information

### 3. Option 1: Mini Company or Horticulture

- Introduces students to the **basics** of **plant care, gardening, and sustainable practices.**
- The module will cover topics like **soil preparation, planting techniques, plant identification, and environmental conservation.**
- Students gain **hands-on experience** by growing and maintaining plants, learning valuable skills in gardening, and understanding the importance of nature in daily life.



## Transition Year Information

### 3. Option 2: GAA Future Leaders or Gaisce & Dulann

- The “**Future Leaders Transition Year Programme**” is a joint initiative from the **GAA** and **Oide**, the support service for teachers and school leaders.
- It is a **cross-curricular** programme comprising of a series of modules designed to encourage **maturity, initiative, responsibility** and **leadership skills** in pupils.
- As part of the Programme students are challenged to **organise and run** both **on-field** and **off-field events** for **younger students**.

## FUTURE LEADERS

TRANSITION YEAR PROGRAMME

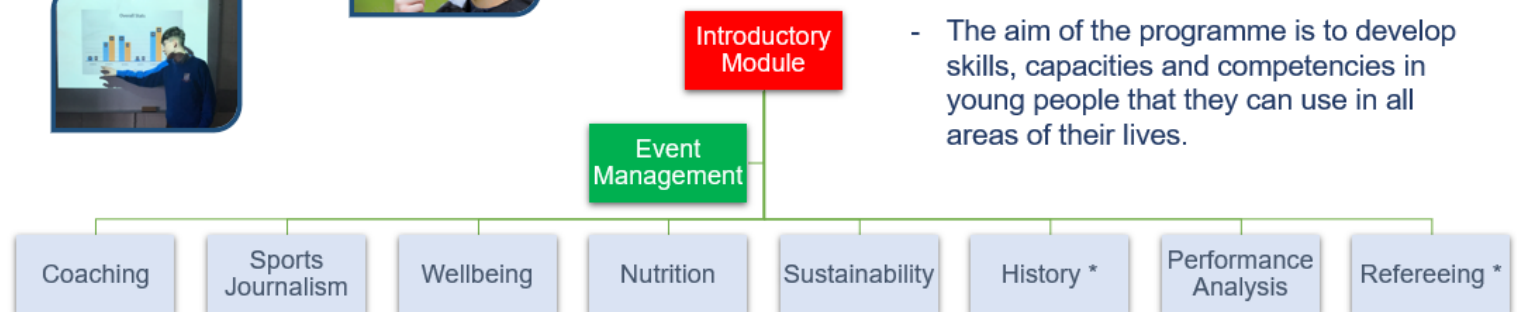


## GAA Future Leaders Modules



Oide

- This is a leadership course grounded in the context of the GAA.
- It is an inclusive programme and there are roles for everyone in the events you organise.
- The aim of the programme is to develop skills, capacities and competencies in young people that they can use in all areas of their lives.



Students will receive an e-Certificate for each completed module.

\* Optional self-directed module.



## Transition Year Information

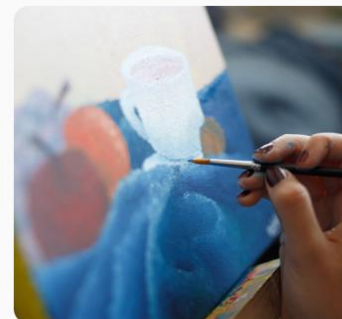
### 3. Option 2: GAA Future Leaders or Gaisce & Dulann



GAISCE  
THE PRESIDENT'S  
AWARD

**Gaisce – The President's Award** is the most prestigious Award in Ireland for young people aged 15 to 25.

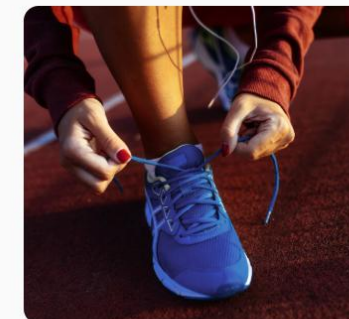
- It encourages participants to set and achieve **personal goals** in four key areas:
  1. Community Involvement
  2. Personal Skill
  3. Physical Recreation
  4. Adventure Journey.
- There are **three levels**—Bronze, Silver, and Gold—each requiring increasing levels of commitment.
- The award promotes **resilience, leadership, and personal growth**, and is endorsed by the President of Ireland.



*PERSONAL SKILL*



*COMMUNITY INVOLVEMENT*



*PHYSICAL RECREATION*



*ADVENTURE  
JOURNEY PROVIDERS*



*GOLD RESIDENTIAL*



*GOLD PORTFOLIO*

## Transition Year Information

### 3. Option 2: GAA Future Leaders or Gaisce & Dulann



**Modules in Employment Skills** including Online Courses in Health & Safety at Work.

#### All Courses **Online**

- Infection Control Awareness
- Fire Safety Awareness
- Food Safety Level 1
- Cardiac First Response Awareness
- Customer Care – Hospitality /Retail
- Managing Martin - Dealing with Difficult Customers
- Health & Safety Induction
- Forecourt Emergency Procedures
- Driver Safety Awareness
- Working at Heights
- Office Ergonomics
- GDPR Frontline Staff
- Child Protection
- Allergen Awareness
- Drug Awareness

#### List of Potential Courses





## Transition Year Information

### 3. Option 3: Junk Kouture or Welding/Project

- Junk Kouture is a **global fashion competition** that challenges young people to **design** and **create high-fashion outfits** entirely from **recycled** and **repurposed** materials.
- Junk Kouture offers schools and students a **creative way to become involved in active climate change initiatives**, empowering them to lasting behavioural change.
- Enables the student to develop a **deeper understanding** of the issues of **sustainability** and **circular economies** and help them look beyond their Junk Kouture project and begin to apply the knowledge learned to **all aspects of their lives**.



## Transition Year Information

### 3. Option 3: Junk Kouture or Welding/Project

#### Welding/Project:

Aims of the module:

- Understanding the **importance of welding** in various industries.
- Overview of different **types of welding** (e.g., MIG, TIG, Arc welding).
- **Safety Procedures**
- **Hands-on practice** with different **welding methods**.
- Creating simple welded **joints** and **structures**.
- Students work on **individual** or **group projects** such as designing and welding a small project (e.g., a metal frame or sculpture).





## Transition Year Information

### 3. Module Explained :

#### Taking Actions for Sustainable Living :

This micro-module will:

- help students **discuss sustainability issues** present in their everyday lives
- **empower** students to **develop an action for sustainability**
- **build confidence** when **speaking to others** about **sustainability issues** and why **positive actions** can help us live more sustainably



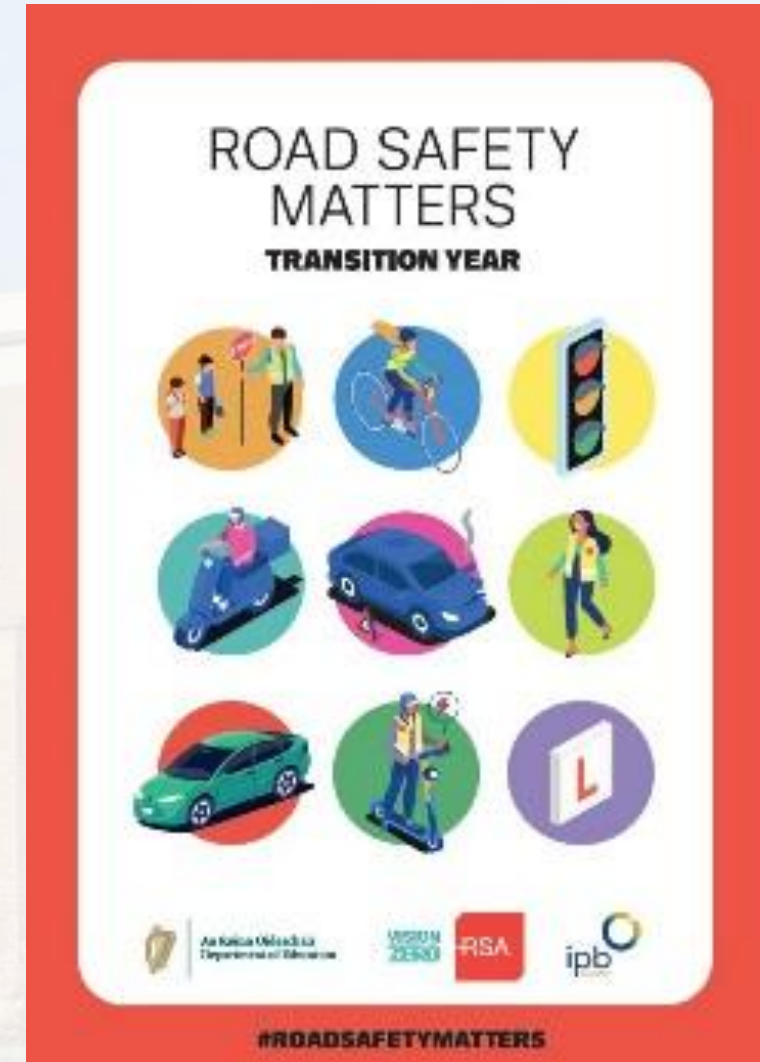
## Transition Year Information

### 3. Module Explained :



#### Road Safety Matters:

- Road Safety Matters is a programme aimed at transition year students to help them to develop the **awareness, knowledge, values** and **skills** to become **safe road users**.
- This TY programme features a simple step-by-step guide to preparing, educating and supporting students to be safe road users as well as helping them to understand how to **safely share our roads**.





## Transition Year Information

### 3. Module Explained:

- **Music Generation** is a national music education programme whose mission is to empower children and young people to realise their full potential through access to, and participation in, high quality **performance music education**.
- Students will have the opportunity to learn how to play the **guitar**.



## Transition Year Information

### 3. Module Explained :



#### Digital Literacy:

- Developing students' ability to use **digital technologies** effectively for learning and daily tasks.
- It will cover basic computer skills, **word processing, spreadsheets, presentations, internet research, online safety**, cybersecurity, and responsible digital citizenship.
- The module will help students become **confident** in using technology for communication, **problem-solving**, and productivity in both academic and **real-world settings**.





- Student Enterprise Programme
- Junk Kouture
- Aberdeen angus
- Intergenerational Award
- Careers Portal Career Investigation competition



## Transition Year Information

### 4. Draft Calendar

### Trips/Activities/Workshops:

Month	September	October	November	December	<b>Additional Activities/Courses</b> <ul style="list-style-type: none"> <li>▪ iVET courses (Career in construction/hospitality)</li> <li>▪ Placements with Mini Med, Gardai, Defence Forces</li> </ul>
Training Onsite	1 <sup>st</sup> Aid Training/Manual Handling	School of Life	Carlow Volunteer services	Barista Training	
Activities Onsite	Team Building Onsite (Go Beyond Events)	Segways for Schools	JFK forensics	Law Education	
Guest Speakers	Eric Molloy Carlow GAA	Conor Egan Gardai			
Trip	Student Vote	<ul style="list-style-type: none"> <li>• Discovery Park</li> <li>• Open Day SETU</li> </ul>	Microsoft Dreamspace Leopardstown	Panto in Gaiety	
Month	January	February	March	April	May
Training Onsite	Driving School/Theory Test Prep	Martial Arts Training (Budo Martial Arts Kilkenny)		NZEB and Retrofit Mobile Rig	
Activities Onsite	KAS programme Days workshop	Rubbish Film festival		Kayaking	
Guest Speakers	Rory Stories			End of Year Trip: Student Vote Gaisce Trip	
Trip	Kiltorcan Go Karting	Causey Farm	Choc Gardens Rath, Tullow.		

## Transition Year Information



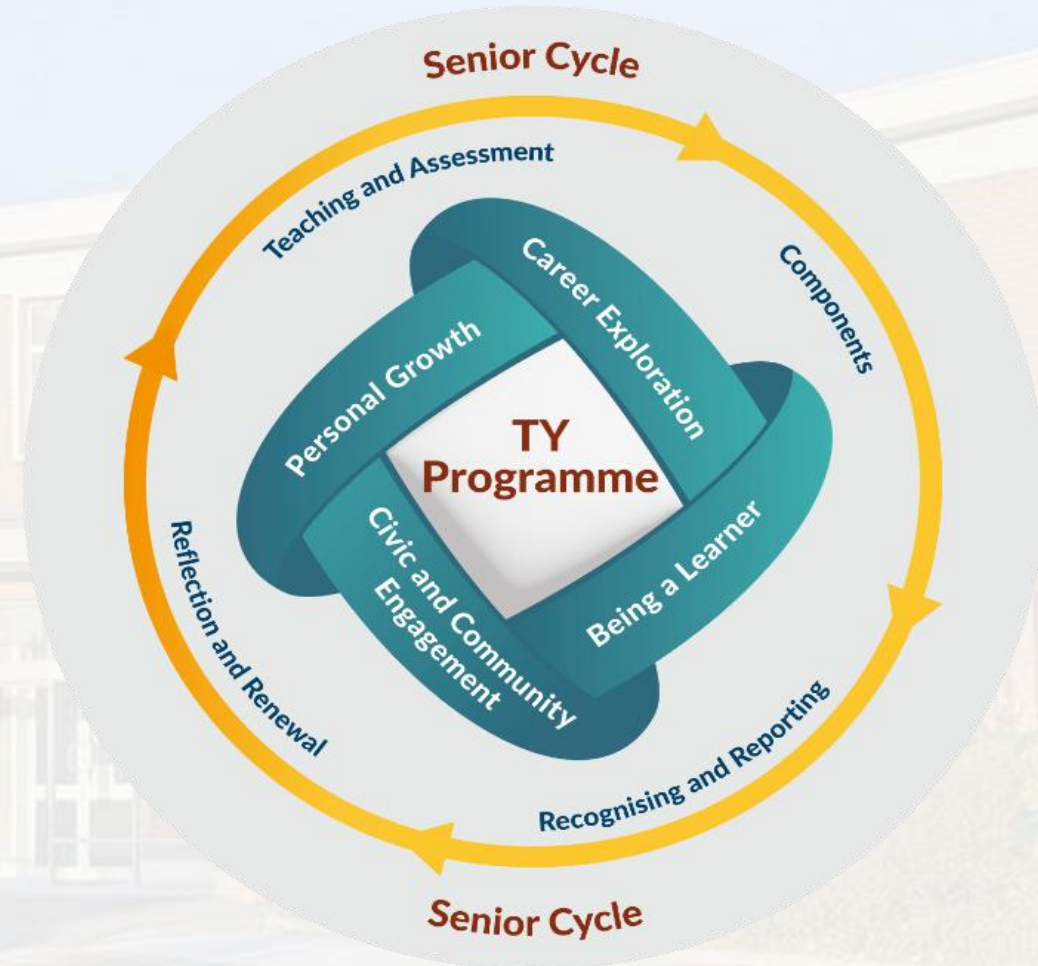
Microsoft Teams



### 5. TY Portfolio:

#### What Is The TY Portfolio?

- **Goal setting** and **reflections on learning** experiences, personal growth, being a learner, community engagement and career exploration
- Completed on a **weekly basis** with **reflection questions sent out weekly on MS Teams**
- Timetabled for **40 minutes** per week
- Important to **keep up to date** with this every week.
- All subjects will eventually have a 40% AAC (Additional Assessment Component) at **Senior Cycle** where the skill of **goal setting** and **reflecting on learning** will be a key component
- Worth **20 credits**





## Transition Year Information

### 6. Work Experience:

A key part of T  
Important info

- Work exp
- Work pla
- Students
- Whenever
- options.
- Once a p
- develop
- Students
- informat
- Many stu
- connecti
- If, for wh
- the work
- Please fir
- Worth 20 credits

**Form 1**

**Students need to ensure that you get this filled out and returned with attendance sheet signed**

**Employer's Report on Work Experience**

Employer name: \_\_\_\_\_  
Student \_\_\_\_\_ name: \_\_\_\_\_

Attendance dates: \_\_\_\_\_  
Description of Work Experience: \_\_\_\_\_

Qualities (Please tick appropriate box)	Excellent	Very Good	Good	Acceptable	Poor	Unable to assess
Attendance & Punctuality						
Personal Appearance						
Attitude towards job						
Ability to follow instructions						
Initiative						
Ability to complete jobs well						
Practical Ability						
Ability to handle technology						
Relationship with Supervisor(s)						
Relationship with fellow workers						

Please add any further comments you wish to make about this student:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

to gain real-w

Week 1: September  
beginning on S  
ments, ideally  
n with a pote

ted to comple

s soon as possi

rience by gain

d work experie

form the scho

st of possible p

**Form 2**

**To be returned to your Work Experience link teacher that is assigned to you during the year.**

DATE 2024 Session 1	ATTENDANCE SIGNATURE OR STAMP FOR WORK EXPERIENCE
Week 1: 16 <sup>th</sup> September	
Week 2:	
Week 3:	
Week 4:	
Week 5:	
Week 6:	
Week 7:	
Week 8:	
Week 9:	
Week 10:	
Week 11:	
Week 12: 16 <sup>th</sup> December	Get Forms back this week !!!!! Your respsibilty
Parents signature:	

plore future  
erience and  
and contact  
professional  
sibility to let  
ce.

## Transition Year Information

### 7. Community Involvement:

- Working with **local** or **national organisations** and businesses over the year.
- Opportunities to volunteer through community work and social placement.
- Bagenalstown Improvement Group
- St. Lazerians
- Worth **20 Credits**



*Bagenalstown*  
IMPROVEMENT GROUP





## Transition Year Information

### 8. Assessment :

Subject/Module/Taster	Credit Sept - Dec	Credit Jan- May	Max Credit
Portfolio Development/Interview	10	10	20
Work Experience	10	10	20
Community Engagement	10	10	20
<b>Total</b>	<b>30</b>	<b>30</b>	<b>60</b>

**Certificate of Distinction:** 170-200 Credits (85% - 100%)  
**Certificate of Merit:** 130- 169 Credits (65% - 84%)  
**Certificate of Achievement:** 80 – 129 Credits (40% - 64%)  
**Certificate of Completion:** 0 – 79 Credits (0% - 39%)

Subject/Module/Taster	Credit Sept - Dec	Credit Jan- May	Max Credit
English	5	5	10
Irish	5	5	10
Maths	5	5	10
PE	5	5	10
SPHE	2.5	2.5	5
Career Guidance	2.5	2.5	5
Mini Company or Horticulture	5	5	10
GAA Future Leaders or Gaisce & Dulann	5	5	10
Junk Kouture or Welding	5	5	10
TY Performance	10	-	10
Road Safety Matters	-	5	5
Taking Actions for Sustainable Living	-	5	5
Music Generation	5	-	5
Digital Literacy/Restorative Practice	-	5	5
Construction Studies/Biology	5	5	10
DCG/Home Economics	5	5	10
French/Geography	5	5	10
<b>Total</b>	<b>70</b>	<b>70</b>	<b>140</b>

## Transition Year Information

### 9. September Trip:

#### 1. Freedom Surf School Tramore



#### 4. Jump Zone & Croke Park Tour



#### 2. Dublin Zoo



#### 3. Emerald Park



#### 5. Dunmore Adventure





# Coláiste Aindriú

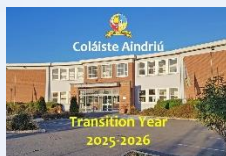
## Transition Year Information

### 10. What's on Offer:



## Transition Year Information

### 11. Important Information:



- All students are added to a group **"CA TY Group 25.26"**
- There will be a **weekly post** containing information about trips, competitions, workshops, work experience, community involvement, digital portfolio, etc.
- Timetables, class lists and online calendar are available on this group.
- Students need to **download the Teams App** and check this group regularly.
- Parents can view weekly announcements using their child's Teams account

- **Permission** will be sought in September 2025 for all trips/activities/workshops.

#### Wednesday 3<sup>rd</sup> September

- Team Building Activity run by Go Beyond Events

#### Timetable Rotation Dates

##### September - December

- TY Performance
- LC Taster Subjects
- Music Generation
- Digital Literacy

##### January – May

- Road Safety Matters
- Taking Actions for Sustainable Living
- LC Taster Subjects
- Music Generation
- Digital Literacy

#### TY Portfolio

- Goal setting and reflections on learning experiences, personal growth, being a learner, community engagement and career exploration
- Completed on a weekly basis with reflection questions sent out weekly on MS Teams
- Worth **20 credits**

#### Work Experience

- Starts on **Wed Sept 10<sup>th</sup>, 2025**
- Students need to **start looking** for work experience from now on
- The school needs to be notified **before September** where students are doing their work experience
- **Form 1 & Form 2 to be completed**
- **Worth 20 credits**

#### Trip 1: September 2025

Students vote on:

1. Freedom Surf School Tramore
2. Dublin Zoo
3. Emerald Park
4. Jump Zone & Croke Park Tour
5. Dunmore Adventure

#### End of Year Trip: May 2026

Students vote on:

1. Copper Coast & Greenway Co. Waterford
2. Carlingford Adventure Co. Louth
3. Bus, Ferry, Premier League Match



## Transition Year Information

### 12. End of Year Trip:

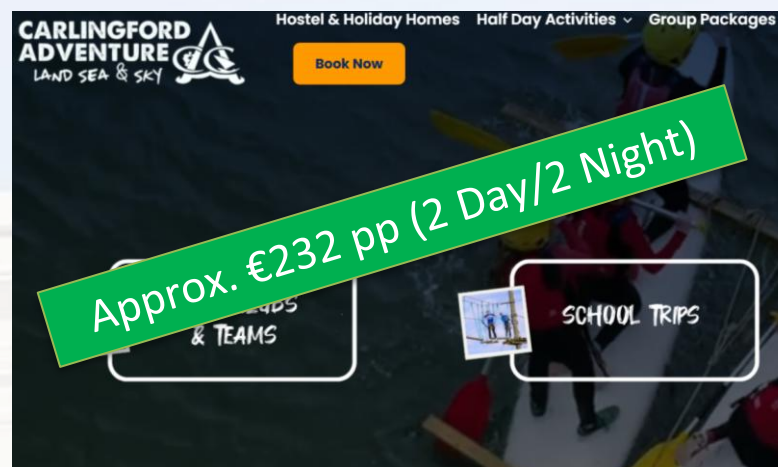


#### 1. Copper Coast



- Cycle on the greenway
- Surfing
- Overnight Stay
- Bus

#### 2. Carlingford Adventure



- Stand up paddle boarding
- Laser combat
- Kayaking
- Foot golf
- 2 Nights Overnight Stay
- Bus

#### 3. Premier League Match



- 2 days luxury coach hire including & driver's expenses
- Return sailings
- 1 nights B&B at a hotel
- Seated Premier League match tickets
- Stadium tour
- Travel Insurance

## Transition Year Information

### 13. Conclusion:

Many thanks for your time, if you have any further queries, please contact:

[brendan.cantwell@kilkennycarlowlwb.ie](mailto:brendan.cantwell@kilkennycarlowlwb.ie)

